



CHILD ABUSE & NEGLECT

Prevention Board



The Five Protective Factors: Building the Foundation of Family Resiliency, Stability and Well-Being

Rebecca S. Mather
Prevention Education Specialist



What is the Prevention Board?

- Independent board
- Advance statewide policy, public awareness and programming to promote family strength and prevent child maltreatment
- 20 members comprised of state government officials, legislators, and public members



Focusing on Families



Primary Prevention

1 PRIMARY PREVENTION

ENTIRE COMMUNITY
REGARDLESS OF RISK

Strategies seek to stop maltreatment and other challenges before they occur, buffer against adversity, and promote optimal development of children.

- ▶ Strengthen Economic Supports for Families
- ▶ Universal Parenting and Healthy Relationship Education/Skill Building
- ▶ Provide Quality Childcare and Education Early in Life
- ▶ Change Social Norms to Support Parents and Positive Parenting
- ▶ Connecting Families to Resources
- ▶ Universal Enhanced Primary Care
- ▶ Father Inclusive Strategies
- ▶ Support Families within their Racial, Cultural and Historical Context

2 SECONDARY PREVENTION

FAMILIES WITH ONE OR MORE RISK FACTORS

Strategies are more intensive and target risk factors such as poverty, substance abuse, mental health concerns, young parental age and disabilities.

- ▶ Targeted Home Visiting
- ▶ Targeted Parent Education
- ▶ Birth to 3 and Headstart
- ▶ Behavioral Parent Training Programs



ASSISTANCE
FOR SELECT FAMILIES

3 TERTIARY PREVENTION

FAMILIES WITH STRONG INDICATORS, OR FAMILIES WHERE MALTREATMENT HAS ALREADY OCCURRED AND PREVENTING RECURRENCE

Strategies are high intensity and seek to eliminate child maltreatment behavior and its consequences.

- ▶ Anger Management
- ▶ Wraparound Services
- ▶ Comprehensive Community Services
- ▶ Family Reunification



RESTORATION & HEALING
FOR SPECIFIC FAMILIES



SUPPORT FOR ALL FAMILIES

Community Investment Plan

Family Strengthening

Prevention Board Community Investment Plan



Mobilizing universal, evidence-informed primary prevention strategies to strengthen all families and reduce the likelihood of child abuse and neglect.



Invisible Backpack

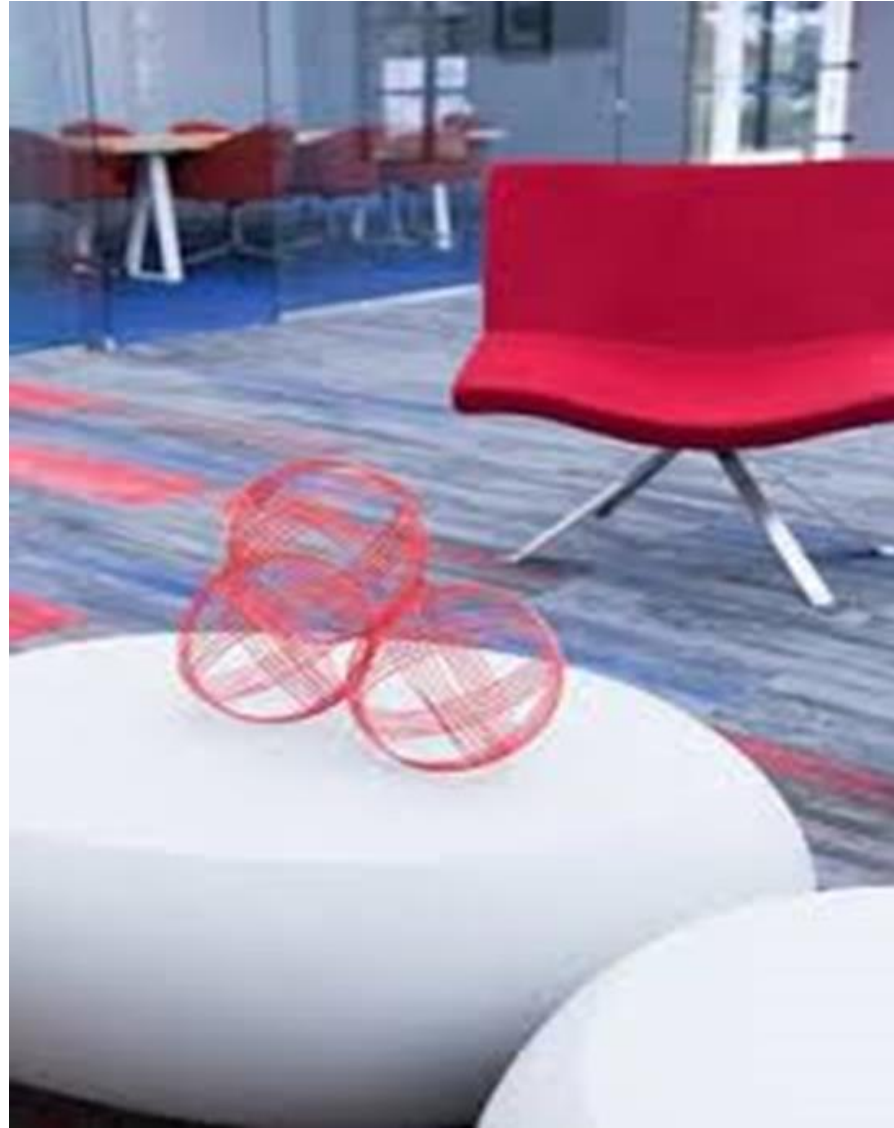
Strengths-Based Approach

What does it mean to be Strength-Based?

- You believe that every person has strengths and resources for their own empowerment.
- You behave in a manner that acknowledges that respect and that seeks to identify those strengths.
- You recognize that others have the agency to recognize and build upon their own strengths themselves.
- You recognize and acknowledge the challenges and struggles of individuals, families, and communities, while also having faith that they can build the strengths and find the resources to address and manage them.



Red





Justin recently gained primary custody of his five-year-old son. Justin is the youngest in his family was never around children prior to the birth of his son. He was a weekend dad, who didn't have a lot of responsibility for his son's learning and development until now. He does have a close relationship with his family, but they are busy too.

Justin is finding it hard to balance his work and his son's school. He drops him off early every morning, before there is supervision, in order to get to work on time. He often misses conferences with the teacher and school events, because he has difficulty getting time off work.

Justin did not have a particularly good experience in school. He does not feel confident or really know how to help his son with homework or read to him regularly. However, Justin does spend most of his free time playing with his son and exploring the outdoors together.

Strengthening Families Protective Factors Framework™



The Five Protective Factors

Social and Emotional Competence of Children

Knowledge of Parenting and Child Development

Social Connections

Parental Resilience

Concrete Support in Times of Need



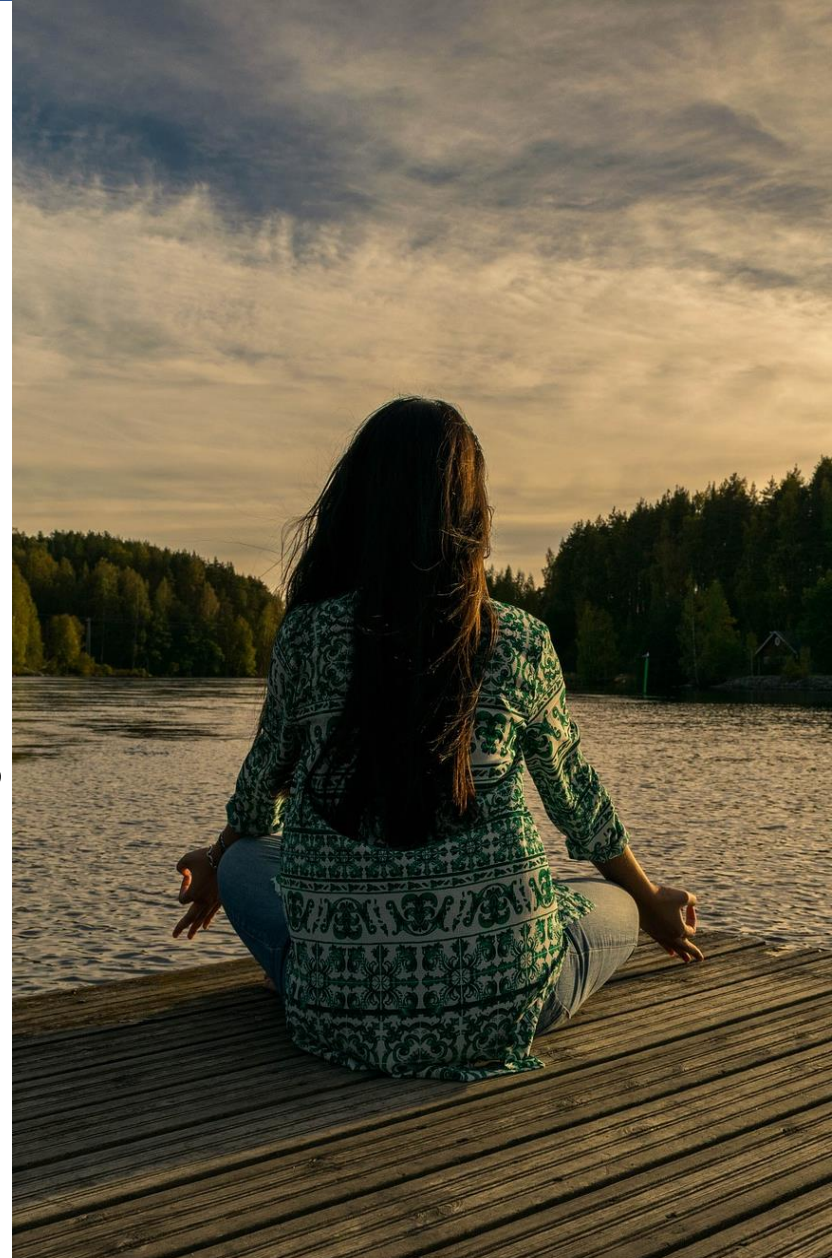
Partnership with Parents





Parental Resilience

- Manage stress
- Learn and grow through experiences
- Handle future challenges
- Buffer children from damaging stress



Social & Emotional Competence of Children

- Name and understand emotions
- Manage emotions and behavior
- Communicate and problem-solve



Would You Ask for Help?



Concrete Supports in Times of Need

- Support and help
- Material resources
- Services
- Opportunities



Knowledge of Parenting & Child Development

- Balancing day to day growth with future goals and needs
- Understanding typical development
- Having age-appropriate expectations
- Managing and guiding behavior
- Promoting safety



Social Connections

Who would you call?



Social Connections

- Healthy and meaningful
- Mutual
- Supportive of parenting





Bringing the Protective Factors Framework to Life in Your Work



Seeing Families Through A Different Lens



Five for Families.org



The Protective Factors

- Social and Emotional Competence of Children
- Knowledge of Parenting and Child Development
- Social Connections
- Parental Resilience
- Concrete Support in Times of Need



The Five Strengths

- Helping Kids Understand Feelings
- Parenting as Children Grow
- Connecting with Others
- Building Inner Strength
- Knowing How to Find Help



Five for Families
Exploring Your Family's Strengths

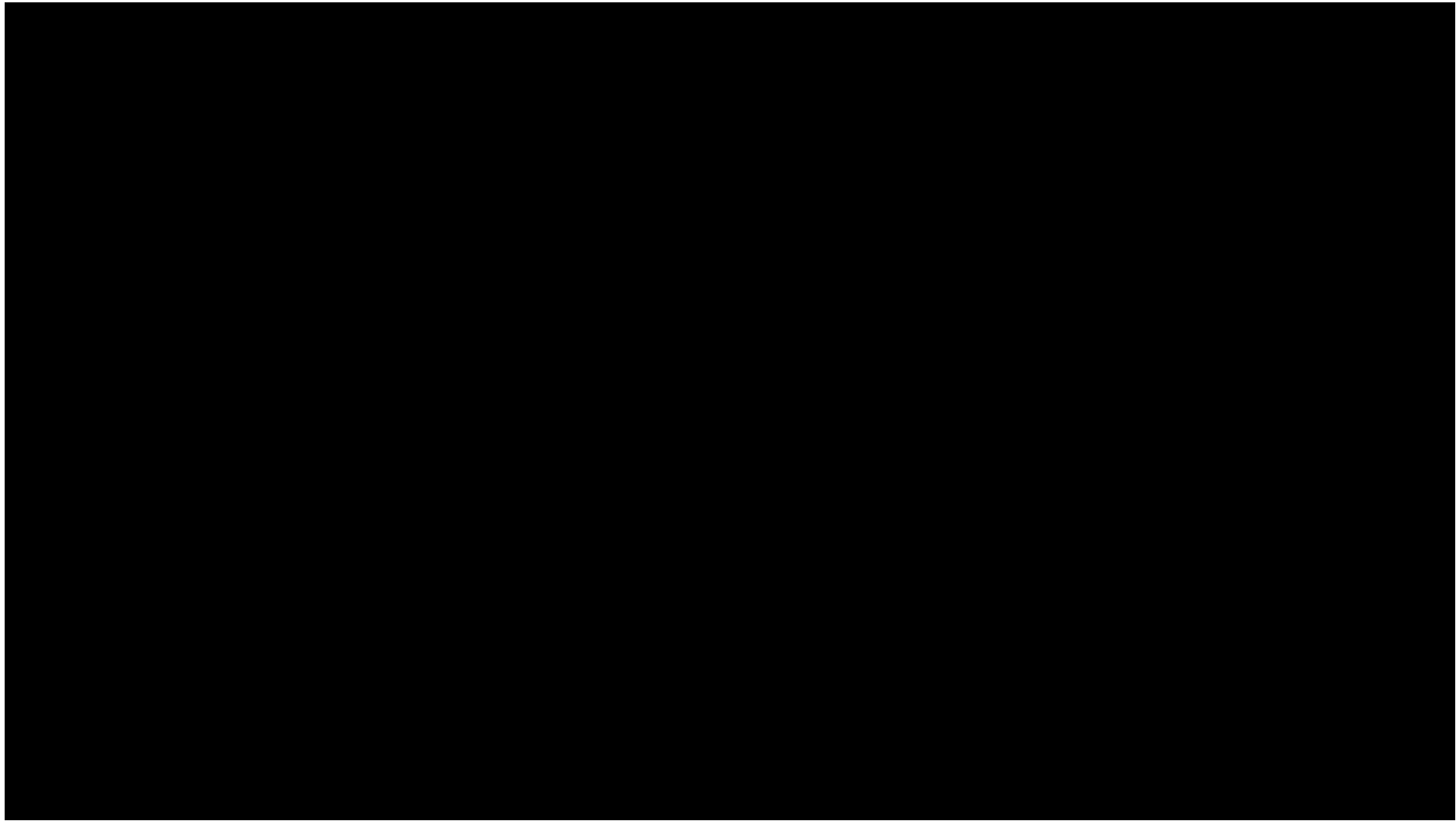


Parent Activities

Five for Families Parent Curriculum



In Their Own Words





WISCONSIN
CHILD ABUSE & NEGLECT
Prevention Board

INNOVATE • EDUCATE • MOBILIZE

www.preventionboard.wi.gov

For more Information contact:

Becky Mather

rebecca.mather@wisconsin.gov